

17<sup>th</sup> November 2023

## School Newsletter

### A message from the Headteacher

As the weather is now getting colder it is essential that children are sent into school wearing warm coats. Make sure that ALL of your children's belongings are clearly labelled with your child's name and that you check the ink has not faded with laundering. If your children's coats are clearly labelled we are often able to return them if they are lost or mislaid.

### Words of Encouragement

The words of encouragement for this week are from "The Hill we climb" by Amanda Gorman:

*When day comes we step out of the shade,  
aflame and unafraid  
The new dawn blooms as we free it  
For there is always light,  
if only we're brave enough to see it  
If only we're brave enough to be it.*

Our value of the week this week was hope. In her poem Amanda Gorman reminds us that there is always light, there is always hope. As Christians we believe that Jesus is the Light of the world and he will not leave us in our hour of need. This week please remember those people who are suffering in our neighbourhoods, but also around the world, and keep them in your prayers.

### Look what the children have been doing!

#### Nursery

The Nursery children have been celebrating Diwali and have been very busy making Rangoli patterns and divas. We listen to some cultural music and Mrs. Patel told us the story of Rama & Sita using masks.

Our story has been 'Biscuit Bear' and the children have been busy making playdough biscuits and writing recipes and shopping lists.

In maths our focus has been all about the number one. We have decorated the numeral and have been practising subitising on the carpet.





## Reception

Our story for the next 2 weeks is called Blue Penguin. We have learned that it is set in Antarctica where it is very cold, very cold!



We did a great experiment. We made snow to surround our icebergs, penguins and polar bears. We had so much fun.

For maths we have been calculating 1 more and 1 less from a number within 10.



We have been doing lots of writing. Children have been practising making sentences using their phonic knowledge and labelling winter clothing.

Children are beginning to confidently sound out CVC words independently.

Thank you to all of our parents who attended the Little Wandle parent workshops. If you were unable to

attend, please collect an information pack from your class teacher.

## Year 1

This week the children created a 'Story Map' which they are using as support in their extended writing.

In RE, the children learnt about the importance of Angel Gabriel in the Nativity story. How he brought the Good News to Mary.

In Maths the concept this week is on recognising 2-D and 3-D shapes and describing them by their properties. The children applied their knowledge in sorting shapes using different criteria in Computing.

In PE, they are performing simple movement patterns to Nursery Rhymes. Children also learnt about how words we use can either build other people (encourage them) or tear them down (upset them) in their PSHE lesson.



## Year 2

This week the children continued to learn about the 'Gunpowder Plot'. Thinking about Fawkes' horrid intent, we explored his feelings before, during and after his capture. We also learned about the gruesome Bubonic plague which spread to Europe in 1347 and ended just before the Great Fire of London. The children were fascinated by these events and linked this to the importance of personal hygiene.

## Year 3

We have been doing gymnastics this week. The children have been looking at different ways of travelling, high and low, using different parts on their bodies. They performed a lovely sequence, made up of contrasting actions and shapes!

Please remember our uniform policy for gymnastics 😊

- No earrings.
- Shorts (no leggings or tights, however tracksuit / jogging bottoms can be worn over the top of their shorts in class).
- Long hair tied back.
- No jewellery.



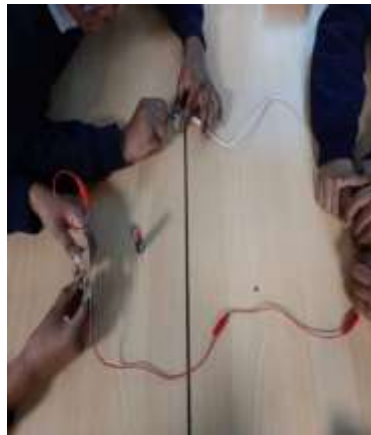
## Year 4

This week, Year 4 visited the Hindu Temple in Church lane, Edmonton.

They were able to link their RE learning about Hinduism to real life. For example, they learnt that it was important to show respect to God by taking off your shoes before you enter the temple. Furthermore, they understood the Hindus believe in one God, Brahman, who manifests himself in different forms.



In their Topic/Science subject, the children learnt to add a switch to their circuits and control the power of the light bulb. This is in preparation of the lighthouse they will be constructing later on.

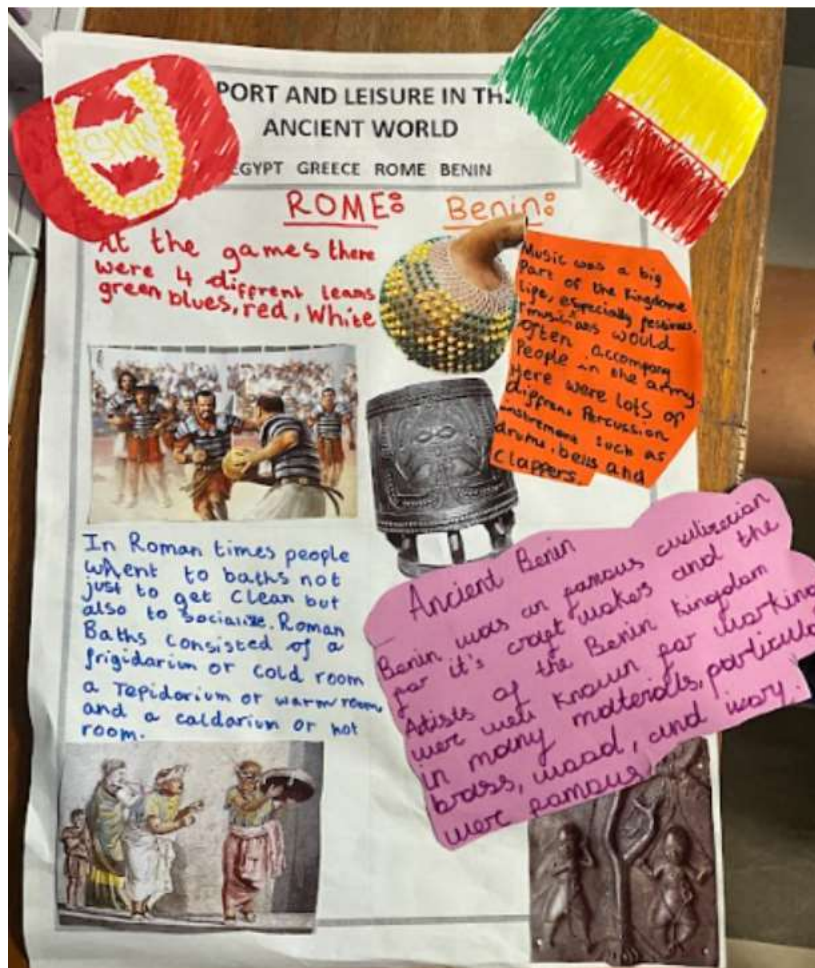


### Year 5

As part of our Topic 'Achievements and Legacies', Year 5s have been learning about Sports and Leisure of the 4 Ancient civilisations (Ancient Benin, Ancient Egypt, Ancient Rome and Ancient Greece). In groups, they explored how the civilisation entertained themselves and created posters.

We also visited The Latymer School to watch a spectacular performance on 'The Beauty and the Beast' performed by the students of the School. The children thoroughly enjoyed the show.





## Year 6

This week in science the children created a simple switch and used it to create a circuit. In our RE lessons we looked at the question, 'What meaning do different advertisements give to Christmas and how might Christians feel about the meaning?' We discussed the religious and secular meaning behind some Christmas advertisements. The children watched some Christmas adverts and answered the following questions:

- Why has this advertisement been produced?
- What is it trying to communicate?

Our maths lessons this week focused on fractions. We spent time learning how to add and subtract fractions. We also learned how to find equivalent fractions and how to represent fractions in their simplest form.

## Football

Congratulations to the school football teams.

The Girls and boys have both played their first match at Edmonton county against three other schools from the borough. Well done for representing us so well!

## Christmas Fayre

Please remember that our Christmas Fayre is on 8<sup>th</sup> December after school. If you wish to help or wish to have a stall to sell your own goods please contact Mrs Elie, our Parent Support Adviser.



# Stronger Relationships Online Course

For parents and other adult carers living together or apart



- Do you want to get some new ideas to help you be an even better parent?
- Would you like to reduce the arguments and disagreements in your family and cope better with stress?
- Would you like to enhance your relationship with your current partner, or improve communication with your ex or the other people helping to raise your children?
- How about learning at a time that suits you?

6 online sessions
 6 group discussions
 Certificate on completion

- Information on strategies to identify and reduce arguments
- Hear from other parents and carers
- Downloadable worksheets and handouts
- Videos, quizzes and interactive activities
- Do sessions at a time that works for you
- Weekly support from our course experts

### TOPICS COVERED

- Healthy adult relationships
- Identifying and managing disagreements
- Understanding how conflict affects your children
- Enhancing parent-child relationships
- Managing stress, anger and emotions
- Strategies to resolve conflict and create a parenting agreement

### GROUP DISCUSSION

- Speak to a course expert and get answers to some of the questions you might have
- Talk about how the strategies are going at home and how to adjust them for you
- Address other difficulties relating to your relationships
- Hear from others about what works for them

Find out more or register for the course:

[sfscparent@racefound.org.uk](mailto:sfscparent@racefound.org.uk)  
[www.strengthening-families.net](http://www.strengthening-families.net)



# Reducing Parental Conflict

Free Online Course with weekly facilitated group discussion



The SFSC Reducing Parental Conflict course is evidence based and provides a mixture of self study and group work discussion. The course is available for co-parents and other main adult carers of children aged up to 18. Two courses are available: one for co-parents living together and one for those living apart.

- SFSC Reducing Parental Conflict online course provides parents with the only recognized and researched techniques to reduce the effects on children of household conflict such as: language, behavior and mood/behavior modeling
- Adult family conflict is not how it affects children's wellbeing and development
- Parents reflect upon personal values, values/attitudes and strengths and identify areas of conflict with their ex-partner
- Techniques to enhance adult relationships for co-parents who are living together and those who are separated or living apart
- Skills to manage stress and anger and resolve conflict
- Information for co-parents living apart towards a parenting agreement
- Techniques to enhance the parent-child relationship for parents whose children do not live with them permanently

The development of an online course and a weekly facilitated group discussion. The individual course content are divided into 6 stages of 1 weekly lesson for each session and take around one hour to complete. Participants can complete each lesson in one sitting or in smaller bites that have time to suit. The course is available at any point.

The course includes locally relevant resources, worksheets and other activities to support and enhance learning.

Participants also attend a weekly online group discussion facilitated by one of the SFSC team and attended by up to 10 others who are at the same stage of the course. This is an opportunity for parents to:

- Review and check on their learning
- Ask any questions and
- Hear from other parents

At the end of the course participants who have completed all the lessons will be provided with a certificate and encouraged to further help.

### How will parents sign up?

Parents will sign up online. They can either register themselves or can be referred to an agency such as their school or early help team. Parents will be asked through what to register by stage and there is a helpdesk and telephone number to assist them.

Parents will be reminded via email and text message about completing sessions and joining online group discussions.

### This course will be free until November 2024.

Refer a parent to the email address below or tell them to sign up here  
[www.strengthening-families.net/reducing-parental-conflict/](http://www.strengthening-families.net/reducing-parental-conflict/)

Further information: Elinor or Rebekah  
 017708360561 or 07924694922



Go to <https://strengthening-families.net/reducing-parental-conflict/> **STEP 01**

**STEP 02** Select a course, either:
 

- parenting and living together
- parenting and living apart

Select a day of the week and select a time for your group discussion **STEP 03**

**STEP 04** Complete your contact details

Answer a short questionnaire **STEP 05**

**STEP 06** Click on 'your profile' and you can start your course

If you need any help, email us at [sfscparent@racefound.org.uk](mailto:sfscparent@racefound.org.uk) or call us on 07708360561





## PARENTING PROGRAMME

STRENGTHENING FAMILIES STRENGTHENING COMMUNITIES

- Do you:
- Have a child aged between 3-18 years?
- Want to improve communication between you and your child?
- Want to empower yourself and your children to make positive decisions in the community and for the future?
- Want to explore techniques in establishing boundaries and consequences for your children?

Every Monday  
starting  
13th November 2023  
@9.30am-12.30  
Ponders End Family &  
Youth Hub  
129 South Street  
EN3 4PX

BOOK NOW

Email: [ecypstraining@gmail.com](mailto:ecypstraining@gmail.com)

07449908127

[www.ecyps.org.uk](http://www.ecyps.org.uk)

**PROGRAM FEATURES :**

- ✓ Childhood characteristics, Parent-Child relationship
- ✓ Discussion based Learning
- ✓ Tools and strategies




### Head Lice

Unfortunately we have had an outbreak of head lice in the school. Please make sure you take the time to carefully check your child's hair for lice or eggs and treat them if you discover any. You can get advice on the best and most effective way of treating and avoiding head lice from your local pharmacy. Please click on the link below for more advice.

[Head lice and nits - NHS \(www.nhs.uk\)](http://www.nhs.uk)

### Dates for your diary

*Please make sure you check these dates regularly as additional events may be added.*

- Friday 8<sup>th</sup> December : School Christmas fayre**
- Friday 15<sup>th</sup> Dec: Break for Christmas holiday at 1.30pm (No after school club this day)**
- Wednesday 3<sup>rd</sup> Jan 2024: Children return to school after Christmas**
- Friday 9<sup>th</sup> Feb: children break up for half term at 3.15pm**
- Monday 19<sup>th</sup> Feb: Children return to school after half term**
- Thursday 28<sup>th</sup> Mar: Children break up for Easter 1.30pm (No after school club this day)**
- Monday 15<sup>th</sup> April: Children return to school after Easter Holiday**
- Thursday 25<sup>th</sup> April: Class photographs**
- Friday 24<sup>th</sup> May: Children break up for half term at 3.15pm**
- Monday 3<sup>rd</sup> June: Children return to school after half term**
- Wednesday 3<sup>rd</sup> July: INSET day (No children in school)**
- Wednesday 24<sup>th</sup> July: Children break up for Summer holiday at 1.30pm (No after school club on this day)**

If you have any queries about information in the newsletter please do not hesitate to contact school via the office or to ask one of the staff team in the playground at the beginning and end of the day.



Best wishes  
Katy Brennan  
Head teacher

In our school we love deeply, respecting everyone and treating them with dignity;  
we aspire with confidence, working hard and embracing challenge and  
we serve God and the community, following the example of Jesus, to create a better world.

**Ephesians 5:2 (NLT)**

*“Live a life of love, following the example of Christ. He loved us and offered himself as a sacrifice for us”*

