LATYMER ALL SAINTS PRIMARY SCHOOL WINTER 2023 WEDNESDAY WEDNESDAY Soil Association						
WEEK 04/09/23, 25/09/23,	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	
16/10/23, 13/11/23, 04/12/23 Option 1	Cheese Whirl with New Potatoes	Beef Lasagne with Garlic Bread	Roast Turkey with Roast Potatoes and Gravy	Chinese Chicken with Rice	Fish Fingers with Chips and Tomato Ketchup	7
Option 2 Vegetarian	Spicy Vegetable Rice (Ve)	Vegetable Lasagne with Garlic Bread	Roast Quorn with Roast Potatoes and Gravy	Sweet Chilli Vegetable Stir Fry (Ve)	Vegetable Fingers with Chips and Tomato Ketchup (Ve)	
Option 3	Tomato and Basil Pasta (Ve)	Jacket Potato with a choice of Fillings	Neapolitan Pasta (Ve)	Jacket Potato with a choice of Fillings	Pesto Pasta (Ve)	
Vegetables	Carrots Green Beans	Sweetcorn Cabbage	Roasted Root Vegetables Peas	Carrots Sweetcorn	Baked Beans Garden Peas	TH
Dessert	Flapjack (Ve)	Carrot Cake	Fruit Salad (Ve)	Pancake with Warm Apple and Berry Sauce	Ice Cream	
WEEK 2 11/09/23, 02/10/23,	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	
30/10/23, 20/11/23, 11/12/23 Option 1	Cheese and Tomato Pizza with Potato Wedges	Beef Chilli Con Carne with Rice	Chicken Sausages with Mashed Potato and Gravy	Greek Chicken Pitta	Breaded Fish with Chips and Tomato Ketchup	
Option 2 V Vegetarian	Katsu Vegetable Noodles	Vegetarian Chilli with Rice	Vegetarian Sausages (Ve) with Mashed Potato and Gravy	Falafel Pitta	Quorn Dippers with Chips and Tomato Ketchup (Ve)	
Option 3	Tomato and Basil Pasta (Ve)	Jacket Potato with a choice of Fillings	Cheesy Tomato Pasta	Jacket Potato with a choice of Fillings	Fajita Pasta (Ve)	-6
Vegetables	Broccoli Sweetcorn	Peas Carrots	Medley of Vegetables	Carrots Sweetcorn	Baked Beans Garden Peas	0
Dessert	Vanilla Shortbread and Raisins (Ve)	Vanilla Sponge with Custard (Ve)	Fruit Salad (Ve)	Chocolate Brownie with Chocolate Custard	Orange Jelly (Ve)	T
WEEK 3 18/09/23, 09/10/23,	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.	111
06/11/23, 27/11/23, 18/12/23 Option 1	Vegetarian Sausage Roll with New Potatoes(Ve)	Hot Chicken Bap with Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Beef Pasta Bolognaise	Fish Fingers with Chips and Tomato Ketchup	
Option 2 V Vegetarian	Vegetable Curry with Rice (Ve)	Veggie Burger with Potato Wedges (Ve)	Cheese Pasty with Roast Potatoes	Vegetarian Pasta Bolognaise (Ve)	Cheese and Tomato Quiche with Chips	7
Option 3	Macaroni Cheese	Jacket Potato with a choice of Fillings	Pesto Pasta (Ve)	Jacket Potato with a choice of Fillings	Tomato and Basil Pasta (Ve)	SUGAR SHERIFF
Vegetables	Carrots Green Beans	Sweetcorn Cauliflower	Carrots Peas	Broccoli Sweetcorn	Baked Beans Garden Peas	
Dessert	Jam and Coconut Sponge with Custard	Rice Krispie Cake (Ve)	Fruit Salad (Ve)	Apple Crumble (Ve) with Custard	Chocolate Pinwheel Cookie	
FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY						





