

Early Years Curriculum Plan (incorporating health and safe practice)

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Nursery	Observation and assessment on children movement	<p>Outside Going over safety rules of the playground Climbing frame, ball, hoop extra.</p> <p>Inside Fine motor activities Pen disco</p>	Observation and assessment on children movement on the new rising 3 year olds	<p>Outside Going over safety rules of the playground Climbing frame, ball, hoop extra.</p> <p>Inside Fine motor activities Pen disco</p>	<p>Outside Going over safety rules of the playground Climbing frame, ball, hoop extra.</p> <p>Inside Fine motor activities Pen disco</p>	<p>Outside Going over safety rules of the playground Climbing frame, ball, hoop extra.</p> <p>Inside Fine motor activities Pen disco</p>
Reception	Observation and assessment on children movements	<p>Unit 1 Drawing lines and circles</p>	<p>Unit 3 Over and Under and through</p>	<p>Unit 4 Creative dance</p>	<p>Unit 2 Throw catch kick</p>	<p>Unit 2 Throw catch kick</p>

KS1 Curriculum Plan (incorporating health and safe practice)

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 1	<p>Gymnastics Travelling (Safe warming up/ cooling down)</p> <p>Games Bouncing and catching</p>	<p>Dance Simple movement patterns (Body's response to physical activity)</p> <p>Games Travelling with the ball</p>	<p>Dance Exploring gesture and formation. Creating short dances</p> <p>Games Sending and receiving</p>	<p>Dance Exploring patterns and pathways Dance Telling a story through dance</p> <p>Games Developing hand-eye co-ordination</p>	<p>Gymnastics Transferring weight from one body part to another</p> <p>Games Developing hand-eye co-ordination</p>	<p>Gymnastics Taking weight on different parts (Safe exercise)</p> <p>Games Healthy ABCs (Being active, being healthy, being safe)</p>
Year 2	<p>Dance Communicating moods, feelings and ideas (Benefits of being active)</p> <p>Games Dribbling</p>	<p>Gymnastics Balance (Learning about energy)</p> <p>Games Throwing and catching</p>	<p>Dance Using dynamics to develop the dance</p> <p>Games Developing sending and receiving skills</p>	<p>Gymnastics Jumping and landing and Spinning and turning</p> <p>Games Hitting and striking</p>	<p>Gymnastics Parts high and low</p> <p>Games Running jumping and hopping</p>	<p>Dance Performing different styles of cultural dance</p> <p>Games Running jumping and hopping</p>
Teachers						
Sport coaches						

KS2 Curriculum Plan (incorporating health and safe practice)

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 3 Teachers	Dance Linking dance actions	Gymnastics Travelling with a change of direction (Back care)	Outdoor and Adventurous Activities Using simple trails/diagrams	Athletics Running, throwing and jumping	Dance Exploring cultural dance	Gymnastics Stretching and curling
Sport coaches	Net/Wall Games Directing the ball	Invasion Games Passing	Invasion Games Creating space (Safe warming up/cooling down)	Invasion Games Passing	Athletics x 2 sessions Running, throwing, jumping (Safety rules & procedures)	Striking/fielding Games Developing striking & fielding skills
Year 4 Teachers	Dance Re-telling a story	Gymnastics Balance	Gymnastics Receiving Body Weight	Outdoor and Adventurous Activities Following plans and solving problems (Assess & manage risk)	Traditional Games	Dance Characterisation.
Sport coaches	Net/Wall Games Applying tactics)	Invasion Games Controlling and receiving (Psychological & social benefits)	Invasion Games Keeping possession of the ball	Invasion Games Marking and tackling	Athletics x 2 Developing running, throwing and jumping techniques (Planning to be active & energy balance)	Striking/fielding Games Fielding as a team
Year 5 Teachers	Gymnastics Flight	Outdoor and Adventurous Activities Responding to challenges (Benefits of being active)	Swimming	Swimming or Dance Communicating issues through dance	Dance Formations in historical dance	Gymnastics Bridges (Back care) Swimming
Sport coaches	Net/Wall Games Developing individual shots	Invasion Games Support play and positioning	Invasion Games Shooting and keeping	Striking/fielding Games Role of batter, bowler, wicketkeeper/backstop & close/deep fielder	Athletics Set targets & improve performance in running, jumping and throwing activities, Using timekeeping & measuring to set targets	Striking/fielding Games Developing range of roles and positional play
Year 6 Teachers	Outdoor and Adventurous Activities Effective group working	Dance Visual media	Gymnastics Counter balance/ counter tension	Gymnastics Matching and mirroring	Athletics x 2 Developing technical understanding (Planning to be active)	Dance Putting on a dance performance
Sport coaches	Net/Wall Games Developing game play (Safe warming up/cooling down)	Invasion Games Attacking and defending play	Invasion Games Tactics (The energy journey)	Invasion Games Teamwork and formations	Athletics x 2 Developing technical understanding (Planning to be active)	Striking/fielding Games Tactical play and officiating (Getting involved in physical activity)